

**IDAHO DEPARTMENT OF CORRECTION
Resident Watch Companion Program Quiz**

True or False:

1. ____ It is the role of the resident companion to analyze behavior and report security issues to staff.
2. ____ As a resident companion, I should report all concerns to the nearest staff member, even if I am not sure if it is an emergency.
3. ____ I should report any changes in the suicidal resident's behavior to the clinician as soon as possible.
4. ____ Once someone is suicidal, he/she will be suicidal forever.
5. ____ I should maintain the watch log at 5-minute intervals.
6. ____ I am responsible for keeping track of the hours I work as a resident companion.
7. ____ If another resident attempts to communicate with me while conducting a watch, I should inform the clinician when my shift is complete.
8. ____ When observing the resident on suicide watch, I should sit slightly to the side of the utility port.
9. ____ If I witness a suicide attempt, I should first attempt to stop it, and then notify the nearest staff member.

Multiple Choice:

1. ____ Active Listening is:
 - a) Paraphrasing and repeating.
 - b) Paraphrasing, feedback, empathy, summarizing, lamenting, and showing understanding.
 - c) A process in which we first try to understand the meaning behind the person's words, and then communicate that meaning back to them.
 - d) A non-passive feedback loop that expresses mutual meaning in a circular manner.
2. ____ In your training you were taught that feedback is:
 - a) A pro-social way to share your opinion with the suicidal resident.
 - b) The best way to communicate to a suicidal resident
 - c) Never to be used while you are on watch.
 - d) Giving someone objective information about observed behavior changes, such as, "You're smiling today."
3. ____ I should maintain the watch log at ____ minute intervals.
 - a) 5
 - b) 10
 - c) 15
 - d) 30
4. ____ When a suicidal resident tells me that they want to die, I should...
 - a) Try to talk them out of it by telling them, "But God has a plan for you".
 - b) Use an active listening skill, such as reflecting: "You seem very sad right now."
 - c) Use an active listening skill, such as, "In time things will get better for you."
 - d) Try to convince them that they want to live.

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5. _____ If I know another watch member has broken confidentiality, I should:
- a) Speak to them about this.
 - b) Tell correctional officer that I need to speak with the clinician about an immediate watch issue.
 - c) Use my lines of communication to contact the clinician.
 - d) Tell the watch coordinator as soon as possible.
6. _____ If the person on suicide watch is someone I do not get along with, I should...?
- a) Put the past behind me and focus on being a positive support for that person while I am on watch.
 - b) Ask the watch coordinator to be taken off the schedule ASAP.
 - c) Arrange for someone else to cover my shift.
 - d) Tell the nearest staff member ASAP.
7. _____ If the person on suicide watch asks me if they can look at my book, I should...
- a) Have them reach through the utility port to take it from me, as I should never put my hand through the utility port.
 - b) Hand it to them, but tell them that they cannot keep in the cell with them.
 - c) Report this request to security immediately.
 - d) Inform them that I am not allowed to hand anything to them through the utility port.